



St Joseph's Church

(Bukit Timah)

Weekly Parish Bulletin • 09 Feb 2025 • 5th Sun Ordinary Time (Year C)

620 Upper Bukit Timah Road
Singapore 678116

PARISH PRIEST

Rev Fr Christopher Lee
Tel: 6760 0052

ASST PARISH PRIEST

Rev Msgr Peter Zhang
peter.zhang@catholic.org.sg

ASST PARISH PRIEST

Rev Fr Lourdusamy Prasanna
lourdusamy.prasanna@catholic.org.sg

SECRETARIAT

Maggie Chia Tel: 6769 1666
sjcbt.secretariat@catholic.org.sg

ADMINISTRATION

Evelyn Lau Tel: 6769 1608
sjcbt.admin@catholic.org.sg

MASS SCHEDULE

WEEKDAY MASSES (Chapel of St Joseph)

Mon – Fri : 6.30am, 6.30pm
Sat : 6.30am

WEEKEND MASSES

Sat : 5.30pm (Sunset)
Sun : 7.30am (Mandarin),
9.30am, 11.30am and 5.30pm

CONFESIONS

15 mins before all weekend Masses in the Reconciliation Rooms in Church.

OTHER SERVICES

ADORATION ROOM

Mon – Fri : 8.00am to 9.00pm
Sat : 9.30am to 7.00pm
Sun : 8.00am to 7.00pm
Public Holidays : 8.00am to 4.00pm

COLUMBIARIUM / ROSARY GARDEN / STATIONS OF THE CROSS

Mon – Sun : 8.00am to 8.00pm

MEDIA CENTRE (BOOKSHOP)

Sat : 4.30pm to 7.00pm
Sun : 8.30am to 1.00pm
Every 2nd Sunday : 8.30am to 1.00pm,
5.30pm to 7.00pm

DEVOTIONS

Holy Hour : First Friday @ 8.00pm in Main Church (unless otherwise stated)

Mass in Honour of St Joseph

First Wednesday @ 8.00pm in Main Church

Divine Mercy

Every Friday @ 8.00pm (except First Fri) in the Chapel of St Joseph

Garden Rosary

First Saturday after the 5.30pm Mass

Grotto Rosary

: Every 13th of the month after 6.30pm Mass (weekdays only)

Holy Hour for Vocations

Every Third Thursday of the month in the Chapel of St Joseph @ 8.00pm

Blessing of Expectant Mothers

: Every Fourth Sunday of the month

Gate Opening Hours:
8.00am to 9.00pm

stjoseph-bt.org.sg/

facebook.com/sjcbt/

From the Desk of the Parish Priest

Pilgrims of Hope



To be good "Pilgrims of Hope" in this Jubilee Year, consider the following:

1. Reflect on your spiritual journey: Take time to introspect, acknowledging your strengths, weaknesses, and areas for growth.
2. Seek forgiveness and healing: Participate in the Sacrament of Reconciliation, letting go of burdens and embracing God's mercy.
3. Cultivate gratitude and humility: Recognize the blessings in your life, no matter how small they may seem, and approach challenges with humility.
4. Embody mercy and compassion: Show kindness, understanding, and forgiveness to others, just as God shows mercy to us.
5. Deepen your prayer life: Regularly engage in prayer, meditation, and reflection to nurture your relationship with God.
6. Engage in acts of service and charity: Volunteer, donate to worthy causes, and perform random acts of kindness to spread hope and joy.
7. Pilgrimage and visit holy sites: If possible, embark on a physical pilgrimage to sacred places, or participate in virtual pilgrimages and online spiritual events.
8. Stay informed and engaged: Participate in Jubilee Year events, follow Catholic news and teachings, and stay connected with your faith community.

By embracing these practices, you'll become a vibrant "Pilgrim of Hope," radiating joy, mercy, and inspiration to those around you.

Service to the Community

Every weekend when you come for Masses, there are many teams working backstage to ensure that our Masses run smoothly and our communications are executed with precision. If you would like to play a part in serving our Masses, these are the Ministries / Service Teams that are recruiting.

- (1) Audio Visual Aids – to assist with preparing and projecting slides for Masses;
- (2) Choirs
- (3) Hospitality – see ad below
- (4) Parish Emergency Preparedness Team (PEPT)
- (5) Media Team

You can approach any of the members to indicate your interest; or register yourselves at the Welcome Desk.

You can refer to page 2 for some of the recruitment announcements.

RECRUITMENT

HOSPITALITY MINISTRY RECRUITMENT



Calling Catholics above 18 years of age, if you are willing to serve the Lord through this ministry, we will be happy for you to join us.

Please drop us an email at hospitality.ministry.sjc@gmail.com or speak to any of our ministry members after the Mass.

Thank you!

*Passion
to Serve?*

🎵 Join the Little Praisers Children's Choir!



*Do you love to sing?
Are you between the ages of 6 and 12?*

Come and be part of a fun and exciting group where you'll make new friends, learn to sing hymns and praise & worship songs, and sing as a choir during mass.

Sign up today!
For more information, WhatsApp **Simon** at **91396399**

📸 Join the St. Joseph's Church Media Team! 🎥

Are you passionate about photography, videography, video editing, or content creation?

St. Joseph's Church is looking for talented individuals like YOU to join our dynamic media team!

🌟 What we're looking for - Photographers, Videographers, Video Editors, Content Creators to join us.

We create exciting media projects that inspire and engage our parish community.

Please WhatsApp Audi @ 92412937 to register your interest.



Bible4Beginners (Tue 11 & 18 Feb @ 8 pm via Zoom)

You have unread messages from God.

73,000



Explore the most important book in history.

Bible4
BEGINNERS

FAITH & BIBLE
REFLECTIONS



Bible4Beginners

- Speaker: James Nichols, Director, Archdiocesan Biblical Apostolate Singapore
- Tuesdays Feb 11 & 18
- 8.00pm - 9.45pm
- Online via Zoom

Learn about the Bible, its origins, authenticity, structure, and how it can play a major part in your faith journey, bringing you closer to God.

Please register at: <https://tinyurl.com/BibleBasics2025>

Scripture Series : The Book of Judith (Thu 13 Feb)

Scripture Series : Part VIII – Book of Judith By Fr Ambrose Vaz



*Ignorance of Scriptures is ignorance of Christ.
(Catechism of the Catholic Church, 133)*

Time : 9 am to 10.45 am
Venue : St Joseph AVA Room
St Joseph's Church (BT)
Dates : 06 / 13 / 20 / 27 Feb
06 / 13 / 20 Mar
(7 sessions)

No registration required. All are welcome.

Do bring along your bibles.



Tamil Praise & Worship (Thu 13 Feb @ 7.30 pm)

TAMIL
PRAISE & WORSHIP
WITH EUCHARISTIC ADORATION



by Fr. Arun
Topic : "Jesus Loves Us"

13 FEBRUARY 2025
07:30PM - 09:30PM



7:30 pm - Rosary
8:00 pm - Eucharistic Adoration & Confession
8:30 pm - Sermon by Fr. Arun
9:00 pm - Thanksgiving & Fellowship

Venue: St. Bonaventure Room, #02-02
(Conducted Every 2nd Thursday)

Thriving Families, Thriving Children (Part 2) (Sat 15 Feb @ 3.15 pm)

Thriving Families Thriving children Part 2

15 Feb 2025 (Sat), 3.15 – 4.45 p.m.
Venue: Parish Community Hall



For all parents, grandparents & care givers with pre-schoolers and primary school going children, grandchildren and charges

This workshop is designed to make parenting feel less overwhelming and more fulfilling, focusing on what truly matters. With rich and relatable anecdotes, you will learn effective ways to overcome the everyday struggles of raising resilient, confident kids.

- ✓ Dealing with emotional outbursts
- ✓ Balancing connection and independence
- ✓ Building confidence amid peer pressure
- ✓ Creating nurturing home environment

Speaker: Delphine Ang



Delphine is a certified Youth Mentor Coach and Brain Health Coach (Amen Clinic, USA). Formerly the host of "A Mama's Journey" on Catholic SG Radio, she is an author of children's books and the Creator of My Feelings R My Friends cards. Delphine is passionate about promoting emotional confidence. She is a proud mother of four.

Infant Baptism (Closing Date : 15 Feb)

2025 Infant Baptism Schedule

- Parents seeking Baptism for their infant or child, please visit our website: St. Joseph's Church, Bukit Timah.
- Please download the 'Infant Baptism Registration' form (located under Services>Sacraments>Baptism) and submit the completed form along with the relevant documents to the Parish Secretary at : sjcbt.secretariat@catholic.org.sg



RITE OF BAPTISM @ 1:30PM	PREPARATION SESSION 1 @1:30PM (Zoom) For parents and godparent	PREPARATION SESSION 2 @1:30PM (St Joseph AVA Room) For parents and godparent	CLOSING DATE FOR REGISTRATION:
6 APRIL 2025	2 ND MARCH 2025	30 MARCH 2025	15 FEBRUARY 2025

Amazing Race (Sun 16 Feb @ 2.30 pm)



Join us as a family for a fun-filled afternoon! Come in teams of at least 2 - parent and child, siblings, grandparents etc... for an 'amazing race' around the parish of St Joseph's Church (Bukit Timah)

- Sunday 16 February 2025
- Registration at 2pm
- Briefing at 2:15pm and so that race can start punctually at 2:30pm -4pm.
- Light refreshments provided till 4:30pm.
- Meet at Community Hall Building Foyer

Prizes for:

- The Fastest Families!
- Best Dressed Families! Come dressed according to the theme (Pilgrims of Hope / Holy Family)

Holy Hour for Vocations (Thu 20 Feb @ 8 pm)

Holy Hour for Vocations
Thu 20 Feb 2025
Time : 8 pm
Venue : Chapel of St Joseph

The seminarians from St Francis Xavier Major Seminary will be leading the Holy Hour every third Thursday of the month to pray for Vocations.

Please come and join them to pray for vocations to the priesthood!



Prayer thru Music (Fri 21 Feb @ 8 pm)



Prayer thru Music ©

(brought to you by SAHOP)

- ❖ Praise & Worship
- ❖ Scripture Readings
- ❖ Spiritual Talk
- ❖ Community Bonding

**“The role of music
in the Catholic Church
and its connection
with God”**



e-mail: sahop.sjcbt@gmail.com



JUBILEE 2025

Pilgrims of Hope in Community



Rev Fr Valerian Cheong
(Rector – SFXMS)

**21 February 2025 (Friday) 8PM
@ Level 3, St Mary, AVA Room
Parish Community Hall**

Neighbourhood Prayer Walk (Sat 22 Feb)

Neighbourhood Prayer Walk

Sat 22 February, 8.30am:

- Meet at main church
- Come and pray for our neighbourhoods followed by the Breaking of the Word.
- For more info:
tinyurl.com/SJCBTNPW



Come and pray for our neighbourhoods! join us on Sat 22 Feb morning as we walk around the Chestnut neighbourhood. Join our Whatsapp Community for more information: tinyurl.com/SJCBTNPW

Neighbourhood Community Fellowship (Sat 22 Feb @ 6.30 pm)

Neighbourhood Community Fellowship



6.30pm, Saturday 22 Feb
Parish Community Hall

- Choa Chu Kang
- Teck Whye
- Chestnut
- Hillview
- Bt Panjang

Get to know your fellow parishioners over dinner and grow in faith together! Please register for catering purposes.



Join us for dinner and fellowship at our very first Neighbourhood Community Fellowship! Grow in faith and get to know our fellow parishioners in our neighbourhoods. Please register for catering purposes at: <https://tinyurl.com/NCFFeb25>

Mysteries of the Rosary (Tue 25 Feb OR Tue 04 Mar via Zoom)

MYSTERIES of the ROSARY

The Sorrowful Mysteries

Reflect on the Passion & Death of Jesus with this 7-part series beautifully filmed in the Holy Land!

Face-to-face: (no registration needed)

- Starts Tues 25 Feb 11.05am, St Joseph AVA Rm

Online via Zoom:

- Starts Tues 4 Mar 8pm and Wed 5 Mar 9am
- Register at: tinyurl.com/FABLent25

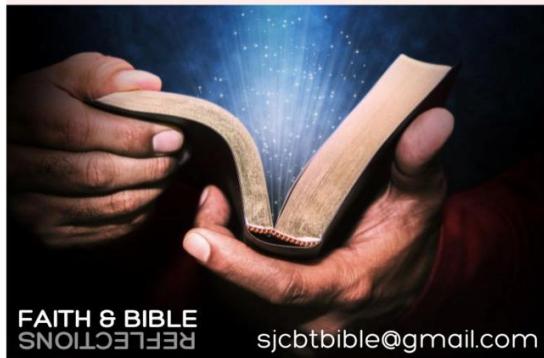


Journey through Lent by reflecting on the Passion and Death of Jesus with a video series on the Sorrowful Mysteries. 7 sessions face-to-face and online via Zoom. Please register for the online sessions at tinyurl.com/FABLent25

Praying with Scripture (Tue 25 Feb @ 8 pm via Zoom)

PRAYING WITH SCRIPTURE

TUESDAY FEBRUARY 25, 8.00-9.45PM,
ONLINE VIA ZOOM



FAITH & BIBLE
REFLECTIONS

sjcbtbible@gmail.com

Learn how to pray with the Bible using the ancient method of Lectio Divina.

Facilitated by Pastoral Teams Coordinator, Jane Lau, and the Faith & Bible Reflections Community.

Learn how to pray with the Bible using the ancient method of Lectio Divina, which means 'Divine Reading'. Through contemplating and 'chewing' on the Word of God, we can learn to hear God's voice speaking more clearly to us.

Please register at: <https://tinyurl.com/BibleBasics2025>

SSVP Statement of Accounts



Society of St Vincent de Paul Conference of St Joachim

Statement of Income and Expenses for Jan 2025

Donations	\$ 12,756.78
Expenditure	\$ 19,754.99
Deficit	\$ 6,998.21

Thank you for your support for our Friends-in-Need!

AROUND THE ARCHDIOCESE

Lead Like Jesus (Commencing 15 Feb)

LEAD LIKE JESUS (LLJ)

Date: 15 & 22 Feb 2025 OR

15 & 29 Mar 2025

Time: 9am - 5:30pm

Venue: Agape Village,
7A Lor 8 Toa Payoh, MPR1 (#03-09)

Cost: \$200/- (lunch & tea breaks
for 2 days & workbook included)



CATHOLIC
LEADERSHIP
CENTRE

Register at: www.catholicleader.sg

Effective leadership - whether on the job, in the community, at church or in the home - starts on the inside. Knowing who we are, and to whom we belong to. One deals with one's relationship to Christ. The other with one's life purpose.

A foundational module based on the servant leadership modelled by Jesus Christ, exploring the 4 domains of leading like Jesus: the heart, head, hands and habits.

Inner Healing Retreat (13 – 16 Feb)

Come and Encounter Jesus...

...who heals the broken-hearted and binds up their wounds
(Psalm 147:3)

REQUIREMENT:
ATTENDED PRAYER
EXPERIENCE RETREAT
(PER)

SEMI - SILENT,
STAY-IN RETREAT
THUR 8.30am
til
SUN 6.30pm

REGISTRATION STARTS
20 DEC 2024

Details And Registration
Scan QR code
for details

FEE \$320
(excluding 9% GST)

Conducted By
JULIANA KOH
& CSC RETREAT TEAM



IHR #05



CATHOLIC SPIRITUALITY CENTRE
Encountering God • Healing Hearts • Empowering Lives

CER PER IHR IR TR BR



INNER HEALING RETREAT

FEB 13 - 16 2025

Little Shepherds' Schoolhouse @ St Joseph's Church Open House (Sat 15 Feb)

Little Shepherds' Schoolhouse **OPEN HOUSE**

Sat 15 Feb 2025 | 9am - 12pm



**LSS @ St Joseph's
Church
(Bukit Timah)**



**LSS @ Church of Our
Lady Star of the Sea
(Yishun)**



**REGISTER
YOUR VISIT!**

[www.tiny.cc/lssopen
house15feb2025](http://www.tiny.cc/lssopenhouse15feb2025)



**LITTLE
SHEPHERDS'
SCHOOLHOUSE™**

Catholic Preschool Education (Singapore) Ltd.



Every child a joyful learner



FRIENDSGIVING: Praying Our Friendships (21 – 23 Feb)



Friendship is a sacrament of God's love and a gift. In this uniquely crafted retreat, you are to bring a friend (could be a family member, a colleague, etc) and celebrate this gift together. You will also discover how Jesus continues to draw you into a deeper friendship with Him.

Register early using QR code

Landings



Thinking about starting your journey back to the Church in 2025?

Are you searching for a journey back to the heart of the church?

It's time to answer the call.

Landings, a reconciliation ministry built for returning Catholics, is conducting a 10-week programme at two locations:-

Church of Our Lady of Perpetual Succour (OLPS) on Tuesday evenings, 8pm - 10pm beginning 4th March 2025 –

Cathedral of the Good Shepherd (CGS) on Friday evenings 7.30pm - 9.30pm, beginning 7th March 2025 - 30th May 2025 with a weekend Retreat.

Recover the faith that never left you!

Register to find out more here: <https://landings.typeform.com/comehome>

Assisi Fun Day : Ticket Sales (01 – 02 Mar)

ASSISI HOSPICE
Caring for Life

ASSISI FUN DAY

CHARITY CARNIVAL

with more than 100 stalls

15 JUN 25 SUN
10:00 am ~ 4:00 pm

ST. JOSEPH'S INSTITUTION
INTERNATIONAL SCHOOL
TOA PAYOH WEST ENTRANCE
19 TOA PAYOH WEST, S318876

SCAN NOW
TO BUY
COUPONS
OR MAKE
A DONATION

www.assisihospice.org.sg/assisifunday donate@assisihospice.org.sg [6832 2859](tel:68322859) [assisihospice](https://www.facebook.com/assisihospice) [assisi_hospice](https://www.instagram.com/assisi_hospice)

Staff and volunteers from Assisi Hospice will be at our church on 1 March from 4.30pm - 7.00pm and on 2 March from 8.00am - 1.00pm to sell carnival coupons for their upcoming Assisi Fun Day. Assisi Hospice serves 3,200 patients each year, with 70% of them being means-tested at the lowest income tier and in need of financial support. The funds raised will help Assisi Hospice to continue their mission of providing compassionate, personalised and quality palliative care to patients with life-limiting illnesses. Please support them by purchasing the carnival coupons or making a donation.

Love Without Limits (7 – 9 Mar)



MONTFORTIAN EXPERIENCE LENTEN RETREAT

Love WITHOUT Limits

7-9 March 2025

7 PM (Friday) - 1 PM (Sunday)
Stay-in retreat

Montfort Centre

624 Upper Bukit
Timah Road
Singapore 678212



In order to draw closer to us and give us a more convincing proof of his love, eternal Wisdom went so far as to become one like us, even to become a little child, to embrace poverty and to die upon a cross for us. Will you let Jesus, friend of sinners, come to you and love you just as you are?

Register at: <https://www.montfortcentre.org/events-1/love-without-limits>

Building Trust (8 Mar)

BUILDING TRUST (TRU)

Date: 8 Mar 2025 OR

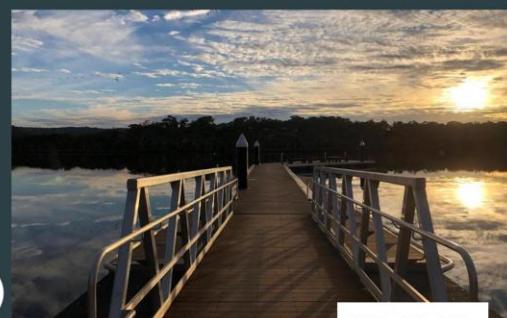
12 Apr 2025

Time: 9.30am - 3:30pm

Venue: Agape Village, 7A Lor 8

Toa Payoh, MPR1 (#03-09)

Cost: \$100/- (lunch included)



CATHOLIC
LEADERSHIP
CENTRE

Register at: www.catholicleader.sg

Through conversations and interactive group activities, participants will develop a shared understanding of trust and take personal responsibility for how they can develop deeper levels of trust at an inter-personal and group level.

Quieting The Soul (7 – 9 Mar)

Take some time out with the Lord as He invites you to "come away by yourselves to a deserted place and rest a while." [Mark 6:31]

This is a 3-day silent retreat suitable for beginners and busy people.

Register early using QR code.



Beginning Experience (21 – 23 Mar)



BEGINNING EXPERIENCE WEEKEND

DIVORCED?
SEPARATED?
WIDOWED?

TURN THE
PAIN OF LOSS
INTO AN EXPERIENCE OF
POSITIVE GROWTH.

DATE: FRIDAY 21 MAR TO SUN 23 MAR 2025

VENUE: LIFESPRINGS CANOSSIAN SPIRITUALITY CENTRE

EXPERIENCE A WEEKEND AWAY FOR A LIFETIME OF CHANGE.

FOR MORE INFORMATION, PLEASE CONTACT:

**RODNEY 9693 0785
MARY 9755 4310
JEAN 9828 5162**

WWW.BESINGAPORE.ORG



Come and experience a weekend away for a lifetime of change. The 68th Beginning Experience (BE) Weekend is a live-in weekend for the permanently separated, divorced or widowed (for both males and females). The BE Weekend helps single-again individuals move on from the darkness of their grief into the light of a new beginning, to be healed and be free to love themselves, others and God.

Mission to Pamplona (15 – 19 Mar)



BRINGING HOPE AND HEALING TO PAMPLONA, PHILIPPINES!



ORGANISED BY GEBIRAH, MEMBER ORGANISATION OF CHARIS
15TH TO 19TH MARCH 2025



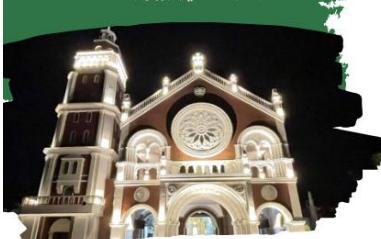
About the Mission

In November 2024, Typhoon Marce wreaked havoc in the region, leaving over 40,000 individuals displaced and their homes destroyed, leaving them desperate for help and hope.



What We Will Do

As we approach Lent, a time of reflection, sacrifice and service, we emulate Christ by bringing essential aid to those most in need, rebuild their school, homes, bringing hope and some joy back into their lives.



End with a Pilgrimage to Our Lady of Piat

We end the mission with a pilgrimage of thanksgiving and presentation of petitions to the shrine of the centuries old image of Our Lady of Piat that was visited by Pope Francis in 2023.



+65-92347889



gebirah@charis-singapore.org



www.gebirah.org/pamplona

Creating Safe Spaces (22 – 23 Mar)



Creating Safe Spaces
in Communities and Religious Institutions

WHEN: 22-23 March 2025; 9:00-5:00 pm

WHERE: La Salle House Conference Room

Facilitated by Fr. James Gascon, SJ

Who should attend?

Leaders and members of Church ministries/Catholic organisations

Persons who accompany others
teachers, mentors, catechists, facilitators, etc.


A Cenacle-organized workshop





This two-day workshop seminar introduces Safeguarding as Charism and Spirituality, starting with its theological and spiritual foundation. Abuse and all its forms will be defined. The dynamics of victimization and offending will also be explored. This workshop is highly recommended to all holding leadership positions in the Church.

As Pope Francis insists, "We are a sign that the ministry of safeguarding belongs to all of us as it is part of the Church's ministry, indeed of evangelization itself," and without safe spaces and interior freedom from the heart, our Church will never be safe where the Gospel is freely proclaimed.

FGS Retreat (22 – 23 Mar)

AT THE FEET OF THE GOOD SHEPHERD RETREAT (FGS)

22 – 23 March 2025

St. Francis Xavier Retreat Centre,
199 Punggol 17th Ave

\$320/- (ensuite single-room,
meals & spiritual direction session
included)



CATHOLIC
LEADERSHIP
CENTRE



Register at: www.catholicleader.sg

Mission to Bogor (30 Apr – 4 May)



Our mission seeks not only to meet essential needs but also to equip these individuals and families with the tools to regain self-reliance and rebuild their lives. By accompanying them on this journey of recovery, we remind them that they are not forgotten. Together, we can offer a beacon of hope and the assurance of God's unfailing love.



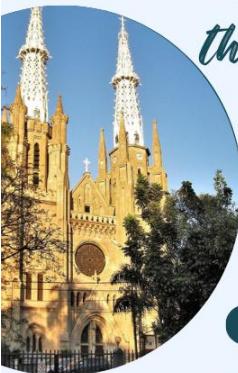
MAKING IT EASY TO DO GOOD
Member Organisation
of CHARIS

Mission

BRINGING THE EASTER JOY OF THE RESURRECTION TO REFUGEES IN BOGOR

St. Josemaria: "Do not forget that doing good means more than wanting to do good. We must sacrifice ourselves, by giving ourselves, for the good of others."

30TH APRIL TO 4 MAY 2025



WHAT WE WILL DO

During this mission trip, we will engage in a range of impactful activities designed to bring hope, healing, and empowerment to the refugee community

PILGRIMAGE

We end the mission with a pilgrimage of thanksgiving and presentation of petitions to the Church of Our Lady of the Assumption, a neo-gothic masterpiece and one of Indonesia's most iconic Catholic landmarks.

HOW YOU CAN HELP

Be a part of the mission. Donate preloved or new items needed by the refugees. If you cannot join, consider sponsoring someone willing to serve but unable to afford the expenses. Pray for Us:

+65 92347889

<https://www.gebirah.org/bogorrefugees>

gebirah@charis-singapore.org



Marriage Preparation Courses



This course, spanning over 6 half-day sessions on weekends, is designed to help couples build strong foundation for a lasting fulfilling marriage.



Scan to Register!



Couples intending to celebrate your union in the Catholic Church are encouraged to attend MPC as early as possible before your wedding date

For more info : www.mpcsgapore.com

READY TO MARRY?



Vacancy for Pastoral Worker



We are hiring.

Position: Pastoral Worker/ Officer

Purpose:

- Sustain the Catholic ethos and Montfortian values in schools.
- Collaborate with school leaders, Pastoral team of MGEI schools and committee on planning, developing and implementing programs for students and staff.
- Align school celebrations with the religious tradition and pastoral needs.

CSC

CELEBRATES JUBILEE YEAR OF HOPE 2025

ALL ARE WELCOME!

CATHOLIC SPIRITUALITY CENTRE
Promoting a deeper encounter with God

Patroness of CSC, pray for us

RETREATS: CER CONVERSION EXPERIENCE RETREAT:

Encounter the living God, conducted by William Cardinal Goh

PER PRAYER EXPERIENCE RETREAT:

Grow in your prayer life

IHR INNER HEALING RETREAT:

Experience the healing love of Jesus

IR INTERCESSION RETREAT:

Experience the power of intercessory prayers

HR HOPE RETREAT(Young Adults):

Overcome hopelessness; Live in hope

BR BREATHE (Youth in the Spirit Seminar):

Encounter the love of God & learn to live a life filled with the Holy Spirit

2nd SAT VIGIL: COME AS YOU ARE

"In those days, he went onto the mountain to pray, and he spent the whole night in prayer to God."

(ref Luke 6:12)

4th SAT MASS with HEALING SERVICE

"Come to me, all you who labour and are overburdened, and I will give you rest."

(Matthew 11:28)

FRIDAY GROWTH: HOLY SAINTS WITNESSES OF HOPE, SHOW US THE WAY

Make friends with the Saints and see their fullness of life and hope in all circumstances

- JAN ST THOMAS AQUINAS
ST JOSEPHINE BAKHITA
ST PAUL MIKI & COMPANIONS
- FEB ST BERNADETTE & OUR LADY OF LOURDES
ST MAXIMILLIAN KOLBE
SEVEN FOUNDERS OF THE SERVITE ORDER

13-16 FEB IHR

29-31 MAR PER

- ST JOSEPH, SPOUSE OF MARY
ST OSCAR ROMERO
ST JOHN BP DE LA SALLE
ST MAGDALENE OF CANOSSA

- APR ST GIANNA BERETTA MOLLA
ST LOUIS GRIGNION DE MONTFORT
ST CATHERINE OF SIENNA
- MAY ST CARLO ACUTIS
ST DAMIEN OF MOLOKAI
ST RITA OF CASCIA
ST PHILLIP NERI
BLESSED NICHOLAS BARRE

6-8 JUN HR
18-22 JUN CER

- JUN MARY, MOTHER OF THE CHURCH
ST ALOYSIUS GONZAGA
ST JOSEMARIA ESCRIVA

18-20 JUL PER

- JUL ST MARIA GORETTI
ST LOUIS MARTIN & MARIE AZELIE GUERIN
ST IGNATIUS OF LOYOLA

30 JUL-3 AUG CER
23-24 AUG IR

- AUG ST ALPHONSUS MARY DE LIGUORI
ST DOMINIC
ST PETER JULIAN EYMAND
ST MONICA & ST AUGUSTINE

3-7 SEP CER

- SEP OUR LADY OF SORROWS
FR PIUS OF PIETRELCINA
ST THERESE OF THE CHILD JESUS

17-20 OCT IHR

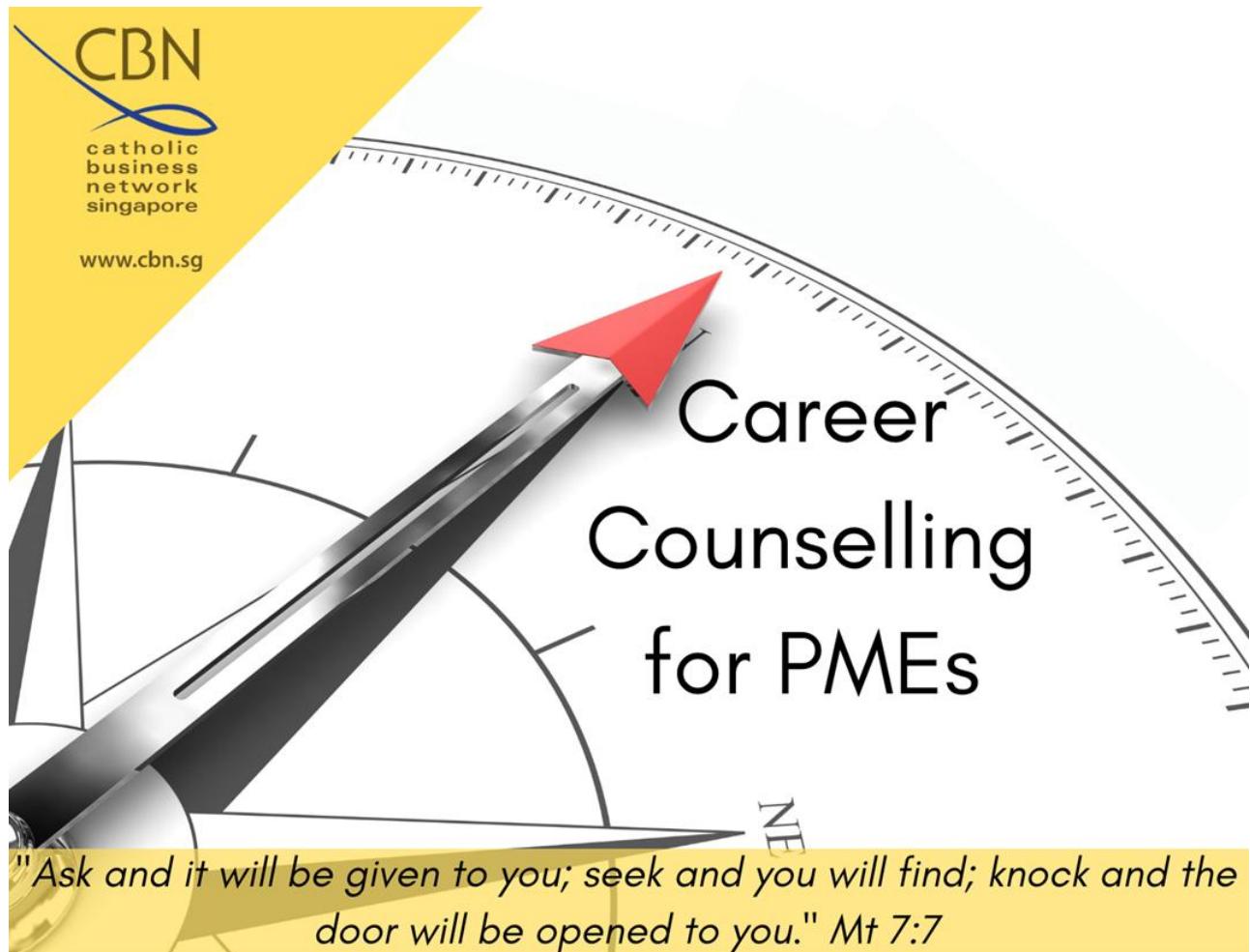
- OCT ST FRANCIS OF ASSISI
ST TERESA OF AVILA
ST JOHN PAUL II

28-30 NOV PER

- NOV ST LEO THE GREAT
ST GIUSEPPE MOSCATI
ST GIACOMO ALBERIONE

4-7 DEC BR

- DEC ST FRANCIS XAVIER
ST JOHN OF THE CROSS
ST JOHN THE EVANGELIST



CBN
catholic business network
singapore
www.cbn.sg

Career
Counselling
for PMEs

"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." Mt 7:7

- ✓ CAREER EXPLORATION
- ✓ CAREER TRANSITION
- ✓ WORKPLACE WELL-BEING
- ✓ JOB SEARCH STRATEGIES

Sessions conducted via Zoom



Scan the QR Code to Register

There will be a nominal charge of \$10 to cover administrative costs. All PMEs are welcome